

## Preliminary PATIENT SUMMIT 2019 ILF conference

### FRIDAY – June 14

Timing	Topic	Details	Speaker
1:45 – 2:30pm	OPENING PATIENT PLENARY <i>Lymphedema 101</i>	Anatomy and physiology of the lymphatic system	Prof. Neil Piller
2:30 – 3:15pm	<i>Treatment protocol</i>	General overview of the components of CDT	Kathleen Francis
3:15 – 3:45pm	BREAK AND EXHIBIT HALL		
3:45 – 4:45pm	<i>Compression</i>	The science of compression and different types, styles, for consideration	Bonnie Lasinski
4:45 – 5:30pm Concurrent Sessions	<i>A. Your child has Lymphedema: Meet the experts</i>	Opportunity to ask questions of experts	Isabelle Quéré Julie Hanson
	<i>B. Exercise Session</i>	Practical exercise tips	TBD
6:30 – 10:30pm	<i>(Optional)</i> Conference dinner and social event		

### SATURDAY – June 15

Timing	Topic	Details	Speaker
8:30 – 10:00am	OPENING JOINT PLENARY with Health Professional delegates	Patient Inspirational Story	Sophia Hanson
10:00 – 10:30am	BREAK AND EXHIBIT HALL		
10:30 – 11:15pm Concurrent sessions	<i>A. Self-Management &amp; Risk reduction tips</i>	Practical tips for patients	Julia Rodrick
	<i>B. Technology and LE</i>	Innovative patient education	Melanie Thomas
11:15 – 12:00pm Concurrent sessions	<i>A. Psychosocial Aspect</i>	Living with a chronic condition	Stephanie Ross
	<i>B. Obesity and LE</i>	The importance of keeping a healthy weight	Tobias Bertsch
12:00 – 1:30pm	LUNCH BREAK <i>(Optional)</i> Think Tank – <i>Priorities of Care</i>		
1:30 – 2:15pm	<i>Surgical Options</i>	Overview of various surgical procedures	Jay Granzow
2:15 – 3:00pm	Ask the Expert	Panel of 3 experts	TBD
3:00 – 3:30pm	BREAK AND EXHIBIT HALL		
3:30 – 5:00pm	CLOSING JOINT PLENARY SESSION with Health Professional Delegates <i>Innovative and Promising Approaches</i>	ALFP work ILF work Wrap-up	Neil Piller