



9th International Lymphoedema Framework Conference

Co-hosted by the American Lymphedema Framework Project

13 - 15 June 2019 · Chicago · USA

Patient Summit

Friday afternoon and Saturday full day

Physician Workshop

Friday full day

LYMPHEDEMA PATIENT SUMMIT

This conference is for

- All patients who are living with lymphedema
- People who are at risk for lymphedema
- Supportive caregivers and family members

Don't miss this opportunity to learn from lymphedema experts from around the world

FRIDAY – June 14

Timing	Topic	Details	Speaker
1:30 – 2:15pm	OPENING PATIENT PLENARY Lymphedema 101	Anatomy and physiology of the lymphatic system	Neil Piller, PhD
2:15 – 3:00pm	<i>Treatment protocol</i>	General overview of the components of Complete Decongestive Therapy	Dr. Kathleen Francis
3:00 – 3:30pm	BREAK AND VISIT TO EXHIBIT HALL		
3:30 – 4:15pm	<i>Compression</i>	The science of compression and different types, styles, for consideration	Bonnie Lasinski
4:15 – 5:00pm	<i>A. Your child has Lymphedema:</i>	Opportunity to ask questions of experts	Dr. Isabelle Quéré
Concurrent sessions	<i>Meet the experts</i>	pediatric lymphedema doctors	Dr. Julie Hanson
	<i>B. Exercise Session</i>	Practical exercise tips	Maureen McBeth
6:30 – 10:30pm	(Optional) Conference dinner and social event		

SATURDAY – June 15

9:00 – 10:30am	OPENING JOINT PLENARY with all delegates	Patient Inspirational Story The changing field of lymphatics	Sophia Hanson Dr. Stanley Rockson
10:30 – 11:00am	BREAK AND VISIT TO EXHIBIT HALL		
11:00 – 11:45am	<i>A. Self-Management & Risk reduction tips</i>	Practical tips for patients	Julia Rodrick
Concurrent sessions	<i>B. Technology and Lymphedema</i>	Innovative patient education	Melanie Thomas, PhD
11:45 – 12:30pm	<i>A. Psychosocial Aspect</i>	Living with a chronic condition	Dr. Stephanie Ross
Concurrent sessions	<i>B. Obesity and Lymphedema</i>	The importance of keeping a healthy weight	Dr. Tobias Bertsch
12:30 – 1:30pm	LUNCH BREAK		
1:30 – 2:15pm	<i>Surgical Options</i>	Overview of various surgical procedures	Dr. Jay Granzow
2:15 – 3:00pm	<i>Ask the Expert</i>	Panel of 3 experts	Granzow, Francis, Lasinski
3:00 – 3:30pm	BREAK AND VISIT TO EXHIBIT HALL		
3:30 – 5:00pm	CLOSING JOINT PLENARY SESSION with all delegates <i>Innovative and Promising Approaches</i>	ALFP work, ILF work, Wrap-up	Neil Piller, PhD

Register online at www.2019ilfconference.org

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