

Obesity and Lymphedema

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The increasing worldwide prevalence of obesity – we are already talking of an obesity epidemic – will have a dramatic increase of obese patients with lymphedema and with lipedema as a result; a topic which is completely underestimated, a topic which is poorly represented at conferences but also in scientific publications.

But at the same time the obese patient with lymphedema or with lipedema is also a very unpopular patient, unpopular in medical practices, clinics, as well as among lymph therapists.

Unpopular surely due to the well-known resentments towards severe obese people, unpopular but also due to the helplessness how we feel - medical professionals - stand facing these patients.

This talk will give an overview on the different clinical signs of obesity related lymphedema as well as the therapeutic approach we use at the Foeldi Clinic in Germany to treat these patients.