

Obesity and Its Impact: A Scientific and International Perspective

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Obesity is a killer disease- a killer disease like cancer! Most of the world's population live in countries where overweight and obesity kills more people than underweight and in the US we see the first generation that will have a shorter life expectancy than their parents.

Evolution has turned humans into beings that are designed to face hunger crisis and bad times by maximally using calories. However, this survival advantage has become a disadvantage and has led to the obesity epidemic.

The causes of this epidemic are multiple and complex. This talk gives an overview on these different causes but also on the medical and social impact of this disease on our patient's quality of life.

Furthermore, it should be noted that our "traditional" therapeutic approach does not lead to an improvement of this situation. Instead, we have to think out of the box – what also is part of the talk.